

Instructions for Completing the Adult Confirmation Pre-Requisite

As part of your formation for Adult Confirmation, you will have an opportunity to go through a series called *The Search*. This will give you a great foundation as you prepare to receive the sacrament of Confirmation.

An Introduction to The Search

The Search is a video series that tackles the key questions of every human heart. In seven engaging episodes, Chris Stefanick and experts from multiple fields of science, medicine, psychology, art, and theology examine our place in the larger story of existence. It provides a great summary of the Gospel and the Biblical story.

https://watch.formed.org/the-search

Logging in

- 1. Set up an account on Formed.org (if you do not already have one). Here's how to set up an account:
 - a. https://formed.org/
 - b. Click on "Sign up" on the upper right
 - c. Click on "Sign up as a parishioner"
 - d. In the next search window, type in the name of your parish or your parish's Zip code (if registering under St Timothy, use 33558 for the Zip Code and select St Timothy, Lutz.)
 - e. On the next screen, type in your name and email address.
 - f. Formed.org will then send you a link to log into your account. Click on the link. You are now logged into Formed.org

Journaling with each episode - Short Answer Responses

We ask that you take some time to reflect after watching each episode. Two questions have been provided for each episode, but you are only required to **answer at least one prompt per episode**. These questions are designed to help you enter in more deeply into the content covered in each episode and to help you apply it to your own life experience.

You can put your responses in a word doc and email Joe Nieves at joe@sainttims.org or simply send the responses in the body of the email.

Episode 1: What do you Seek?

https://watch.formed.org/the-search/season:1/videos/thesearch-ep1

- 1. Consider the idea that we are all living for something and striving for happiness. What, in your view, is that "something" that you are striving for? How do you define happiness in your own life?
- 2. Reflect on the pace of your life. Do you find yourself asking fundamental questions about purpose and happiness regularly, or does life pass by without much contemplation? How might your approach to these questions impact your overall well-being?

Episode 2: Who are You?

https://watch.formed.org/the-search/season:1/videos/thesearch-ep2

- 1. Reflect on the question, "Who am I?" How would you currently define your identity, and what aspects of yourself do you consider most significant? In other words, what makes you "you"?
- 2. This episode explores the idea that there is more to us than meets the eye. Consider your own beliefs about the nature of human existence. Do you perceive yourself as solely a physical being, or do you believe there is an immaterial aspect to yourself?

Episode 3: Why a God?

https://watch.formed.org/the-search/season:1/videos/thesearch-ep3

- 1. This episode engages with astrophysicists, chemists, Harvard professors, and more to make the case for the reasonability and essential nature of believing in God. How do you perceive the intersection of science and spirituality? Can these perspectives coexist in your understanding?
- 2. Reflect on the idea that our souls seek their creator. Have you experienced moments in your life where you felt a longing for something beyond the material world? How did you interpret those moments?

Episode 4: What's Our Story?

https://watch.formed.org/the-search/season:1/videos/thesearch-ep4

- 1. This episode emphasizes that our lives are part of a larger story—both personal and universal. Reflect on your life as a story. Does this universal story of humanity change the way you look at others?
- 2. Explore the concept of the great story of humanity, as depicted in the Scriptures. How does the idea of God's pursuit of humanity impact your understanding of divine love?

Episode 5: Who Is Jesus?

https://watch.formed.org/the-search/season:1/videos/thesearch-ep5

- 1. This episode emphasizes the personal aspect of knowing God's love through the person of Jesus. Reflect on your own understanding of a personal connection with God. How do you currently experience or seek to know God's love in a personal way?
- 2. Reflect on the concept of making Jesus the Lord of your life. How do you currently view Jesus' role in your life, and are there changes or decisions you feel prompted to make based on this perspective?

Episode 6: Am I Saved?

https://watch.formed.org/the-search/season:1/videos/thesearch-ep6

- 1. Explore the idea that God came not to reveal Himself on a pedestal but to enter into our messy human condition. How does this concept influence your view of God's accessibility and willingness to engage with the complexities of human life?
- 2. This episode emphasizes God's transformative power from within. Reflect on moments in your life when you experienced internal transformation. How did those moments shape your understanding of God's ability to work within you?

Episode 7: Why a Church?

https://watch.formed.org/the-search/season:1/videos/thesearch-ep7

- 1. Reflect on your perceptions of the Church before watching this episode. How have those perceptions been influenced, and have they changed after gaining insights from this episode?
- 2. Explore the idea of the Church as the family of God. How does this concept resonate with you, and how might it influence your sense of belonging and purpose?