



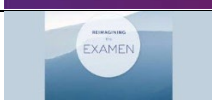






## Resources for Catholic Spirituality

Hello all,

Here is a list of apps and podcasts that could be helpful. This is no where even close to a complete list and I have not vetted every resource on this list. However, there should be something here to get you started developing a prayer life or help you to grow your current prayer life.






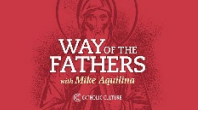
### Apps

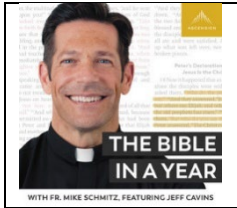
App	App Name	Description	Download Link
	Amen	Amen is the free Catholic app that brings you beautiful prayers, faithful meditations, and nourishing Scripture to draw your mind, body, and soul to rest in God.	<a href="#">Amen on Apple</a> <a href="#">Amen on Android</a>
	Laudate	Laudate includes many awesome resources such as an interactive Rosary, Daily Readings, the Liturgy of the Hours, the Roman Missal changes, and the NAB and Douay-Rheims versions of the bible – all in a simple to navigate layout. But what makes this app shine for me is the HUGE selection of prayers – in both Latin and English!	<a href="#">Laudate on Apple</a> <a href="#">Laudate on Android</a>
	Hallow	Hallow is the #1 Catholic prayer and medication app. It offers audio-guided meditation sessions to help grow in faith and find peace in God with more than 500 different sessions on contemplative prayer, meditation, Catholic Bible readings, music, and more.	<a href="#">Hallow on Apple</a> <a href="#">Allow on Android</a>
	Pray As You Go - Daily Prayer	Pray As You Go is a daily prayer session, designed to go with you wherever you go, to help you pray whenever you find time. It gives a framework for your own prayer, combining music, scripture, and some reflection questions.	<a href="#">Pray as You Go on Apple</a> <a href="#">Pray as You go on Android</a>
	Reimagining the Examen	Reimagining the Examen offers a modern take on St. Ignatius' the 500-year-old prayer with brief, guided meditations and reflections that can be adapted to your needs and current situation.	<a href="#">Reimagining the Examen Apple</a> <a href="#">Reimagining the Examen Android</a>

	Formed.org	Formed.org is like Catholic Netflix, offering media-loving Catholics options that are more fulfilling and spiritual. It offers studies, videos, audio recordings, e-books, and a range of materials for kids.	<a href="#">Formed.org Apple</a> <a href="#">Formed.org Android</a>
	Click To Pray	Click To Pray is the official app of the Pope’s Worldwide Prayer Network (Apostleship of Prayer) that revolutionize praying. Connect yourself with thousands of people who pray every day for the challenges of humanity and for the mission of the Church as the Pope proposes in his monthly prayer intentions. With Click To Pray, prayer is now easier as you can do it at anytime and anywhere.	<a href="#">Click to Pray Apple</a> <a href="#">Click to Pray Android</a>
	Relevant Radio	Relevant Radio is essentially Catholic podcasting in an app. It grants access to all the shows produced by Relevant Radio, available in live streaming or downloadable content. It also includes audio prayers, a Confession “helper,” and Catholic news from around the world.	<a href="#">Relevant Radio Apple</a> <a href="#">Relevant Radio Android</a>
	EWTN (Eternal Word Television Network)	<p>Content from EWTN:</p> <ul style="list-style-type: none"> <li>• TV and Radio Live Streams, Video on demand (Television Programs), Audio on demand (Radio Programs), News, Program schedule</li> </ul> <p>FREE: RSV-Bible text with entire Gospel of Mark audio (99 minutes) featuring Blair Underwood as Mark - plus full text of the RSV-CE Bible and access to EWTN Live content.</p>	<a href="#">EWTN on Apple</a> <a href="#">EWTN on Android</a>

Many more apps are available at <https://www.avemarialynnfield.org/catholic-apps>.

## Podcasts

Podcast	Podcast Name	Description	Download Link
	The Fr. Mike Schmitz Catholic Podcast	Listen to authentic catholic faith formation videos and programs, bible study, confirmation, sacrament preparation and insights from Fr. Mike Schmitz.	Search for this podcast in your favorite podcast service like iTunes, Google Podcasts, Stitcher, Spodify, Podcast Rebulic, and more
	The Word on Fire Show   Catholic Faith and Culture	A weekly podcast from Bishop Robert Barron on faith and culture.	Search for this podcast in your favorite podcast service like iTunes, Google Podcasts, Stitcher, Spodify, Podcast Rebulic, and more
	Catholic Culture Audiobooks	Voice actor James T. Majewski brings to life classic Catholic works, with a special focus on Saint John Henry Newman and the Fathers of the Church.	Search for this podcast in your favorite podcast service like iTunes, Google Podcasts, Stitcher, Spodify, Podcast Rebulic, and more
	The Catholic Culture Podcast	A weekly podcast hosted by musician and writer Thomas V. Mirus, exploring everything Catholic, with a special focus on arts and culture.	Search for this podcast in your favorite podcast service like iTunes, Google Podcasts, Stitcher, Spodify, Podcast Rebulic, and more
	The Road to Emmaus with Scott Hahn	From the St. Paul Center, the Road to Emmaus with Scott Hahn presents the deeply biblical roots of Catholic teaching and practice. Join him to learn how Sacred Scripture forms and informs our notions of morality, spirituality, liturgy, sacraments, and so much more.	Search for this podcast in your favorite podcast service like iTunes, Google Podcasts, Stitcher, Spodify, Podcast Rebulic, and more
	Way of the Fathers	A podcast about the Fathers of the Church—the foundational figures in Christian history. Hosted by popular Patristics author Mike Aquilina.	Search for this podcast in your favorite podcast service like iTunes, Google Podcasts, Stitcher, Spodify, Podcast Rebulic, and more



The Bible in a Year (with Fr. Mike Schmitz)

In The Bible in a Year podcast, Fr. Mike Schmitz walks you through the entire Bible in 365 episodes, providing commentary, reflection, and prayer along the way.

Search for this podcast in your favorite podcast service like iTunes, Google Podcasts, Stitcher, Spodify, Podcast Rebulic, and more

Many more Catholic podcasts can be found at [https://blog.feedspot.com/catholic\\_podcasts/](https://blog.feedspot.com/catholic_podcasts/).