

Parishioner Profile: Remy Howard

Communicating God's Beauty Through Music

hen studying music, there are so many subtle nuances and details that require focus in order to achieve the desired performance — things like tempo, rhythm, tone and dynamics. Yet, in piecing all of these different aspects together, young parishioner Remy Howard says the musician is in danger of losing sight of the overall big picture.

"Musicians easily get caught up in everything else in the music that we really don't talk enough about the big picture — that is, what we want to show through our performance," Remy says. "For me, I want to use my music to spread God's love and beauty — to use the talents and skills I've acquired through years of hard work and dedication for His glory."

Currently a senior at the Interlochen Center for the Arts, Remy specializes in classical double bass while also playing both the cello and jazz bass. Over the years he has fallen in love with the musical arts, viewing them as a special way for him to express his God-given talents, and to bring beauty to the world around him.



Parishioner Remy Howard, a senior at Interlochen Center for the Arts, enjoys using his musical talents as an expression of God's love and beauty.

"Without the arts, life would be dull," Remy says. "Over the centuries, it's been a crucial way for humans to convey and share our emotions. Especially since I've been here at Interlochen, I've been able to learn more about what artistic expression means to people. To artists it is one of the things we hold most dear. We've spent

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Keeping the Faith During a Crisis

Adversity is a part of life. We may face family strife or financial issues. We may experience a personal or family medical crisis. We may suffer the loss of a loved one.

The thought of not being able to attend Mass to receive the Precious Body and Blood of our Lord as a result of a crisis — such as the one we are experiencing today with the COVID-19 pandemic — is devastating.

Right now, it may seem challenging to remain a faithful steward. We may even question our faith and wonder how to find God during these turbulent times.

Where do we turn?

First and foremost, we must pray without ceasing. During a difficult time, you can always turn to the Church's treasury of prayer. Take time each day to read the daily Scripture readings — they can be found at USCCB.org, and then by selecting the date on the calendar on the home page. You can also use the many rich resources of our faith to engage in spiritual reflections each day as an individual and/or with your family. This can include simple prayers like *Our Father and Hail Mary* a few times a day, as well as praying the Rosary, the Liturgy of the Hours, and Stations of the Cross, among others. Many resources for prayers can be easily found online.

It is also important to remember that at times when you cannot physically attend Mass, Sunday remains a holy day, and you are encouraged to pray. You can participate in prayer by way of televised or live-streamed Mass on our parish website, www.sainttims.org, or www.wordonfire.org/daily-mass.

During times of crisis, we must also find ways to use our talents to serve God. If you are unable to participate in ministries and serve your parish community, you can still use your talents to serve your family and others close to you. Something as simple as calling to check on family and friends — or even doing a video call — can go a long way.

Finally, we must try to remain good stewards of our treasure. You may have lost your job or seen a reduction in work hours and pay. But despite your hardships, a faithful steward must faithfully try his or her best to return a portion of their treasure to God. In that regard, the parish website has information about online giving opportunities.

No matter the situation, find comfort that God always remains faithful to us. Don't forget that everything God gives us is a gift, and the way in which we share our gifts with God and our neighbor is ultimately how we give Him glory.

An Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

AMEN.

The Mid-Year Stewardship Report

Dear Friends in Christ,

n March, I shared the news with the parish that I will be leaving St. Timothy at the end of June. After nine years as your pastor, it is time for me to share this great experience with another priest. I announced that I will begin a new assignment, as a staff spiritual director, at the North American College in Rome. In my leave, I am taking countless memories and experiences with me. My time as your pastor has shaped and formed my priesthood in many profound and beautiful ways.

I believe St. Timothy is a model Stewardship Parish. Last year we began tithing 10 percent of our offertory in support of local, national and international works of charity. This was a big leap of faith for our Finance Committee. You may recall that we also eliminated the ongoing second collection, and eventually eliminated all second collections. The goal was to emphasize the *ONE* offertory collection. We have been greatly blessed.

- First and foremost, we recognized that if we truly want to be a stewardship parish, we needed to remember that like everything, our offertory belongs to God. We need to practice what we preach.
- Secondly, we reflected on how generous God has been to our parish since we made our initial commitment to stewardship in 1992. At that time, the parish had a weekly offertory of \$8,000 and could

not routinely pay the bills. To-day, we are blessed with our main church (completed in 2002 — seating 1,300 people), expanded parish hall, youth center/gymnasium, and a diocesan school on campus. We are only a year away from paying off our total bank mortgage, with a land debt of \$800,000 still remaining that is due to the diocese.

There is no way we can give, unless God first gives to us. It is an action of Faith

when we fill out our Annual Stewardship Pledge cards. Over the past five years, the exercise of our annual stewardship renewal has produced a significant increase in our parish offertory, parish ministries and most of all, the greatest increase is in prayer.

I would be remiss if I did not thank each of you for your faith, generosity and support for me, and this community in my past nine years as your pastor. May God continue to bless each of you. I hope you are proud of your parish. I am proud to say that I served at St. Timothy Parish (2011-2020).

Sincerely yours in Christ,

Rev. Kenneth f. Malley

Rev. Kenneth J. Malley

In the first half of this year, we have contributed to the work of the Missionary Co-op Program (Diocese of St. Petersburg), GracePointe (Mental Health support), Gold Shield Foundation, Guiding Star (Women's Health), WBVM - Catholic Radio (90.5FM), Tampa Children's Home, Foundations of Life Gala - Catholic Charities, Catholic Foundation, Catholic Student Union, Support for the Foundation of the Martyrs of La Florida, St. Joseph Parish, St. Vincent de Paul (local support), St. Vincent de Paul Seminary, Funeral Service Support (a child's funeral), Morning Star School, Alpha Ministry, OLOR Youth Sports Leagues.



St. Timothy Mid-Year Report

July 1, 2019 — Dec. 31, 2019

Formation

- ALPHA Session Fall 2019
- Fr. Ralph Adult Formation: Encounter Series
- Youth Ministry introduced Parent Life with H.S. Youth Nights on Sundays
- Pre-school open house
- Unbound training
- Adult Bible Study Acts of the Apostles
- Fr. John's adult formation on the Rosary
- October Leadership Gathering with guest speaker Katie Conner
- Faith Formation building a family Advent wreath
- Communion and Liberation meetings at St. Timothy
- Faith Formation One Starry Night
- Youth Ministry Holiday Hugs

Prayer and Worship

- Encounter! Adoration with Praise and Worship
- Blue Mass
- Altar server appreciation luncheon
- Deacon Marc Garofani ordained a permanent deacon
- All Souls Candle Mass remembering our loved ones
- First Reconciliation for second-graders
- November Men's Retreat at St. Leo led by Fr. Mike Nixon
- Advent Parish Mission with Josh Danis
- Young Adult day of reflection led by Zach and Randolph

Outreach

- Good Samaritan
- St. Vincent de Paul School Supplies Drive
- Blood Drive
- Hands Lifting Hearts new ministry
- Continued serving at Trinity Café
- New Beginnings Ministry for widows
- Mission Cooperative: helping the Church serve in the Himalayas Fr. Joy
- St. Vincent de Paul Thanksgiving Food Drive 9,000 pounds of food, \$1,200 cash and \$90 Publix Gift Cards.

- Clothing donated to Race Track workers
- Youth Ministry served at Santa Maria Mission
- Foundations of Life Gala
- St. Vincent de Paul Christmas Outreach 970 toys distributed to various community ministries & churches

Community Life

- Ministry Fair over two weekends
- Soccer, Volleyball and Basketball Camps
- No Fret Ministry guitar camp
- Men's Club monthly pancake breakfasts
- Knights of Columbus Annual Golf Tournament
- Mary Bratton receives St. Jude Award
- Fall Festival
- Women's Club's Holiday Boutique
- Knights of Columbus Council "Keep Christ in Christmas" Poster Contest
- Emmet Cahill concert

Our Parish

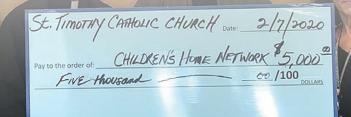
- Parish Manager Welcome back Cindy Vinal
- Zach Brasseur's Pastoral Year
- Randolph Davidson ECHO Apprentice from Notre Dame
- Replaced LED lights in the parking lots
- Preschool facilities makeover
- Life-cycle plan updated
- New worship screens in sanctuary
- New screens in the parish hall



Mid-Fiscal Year Report

(July 1, 2019 - December 31, 2019) - Treasure Report

Income	Actual
Offertory Collections	\$1,281,665
Annual Pastoral Appeal Collections	\$421,665
Donations, Estates & Trusts	\$14,986
Auxiliary Income (Men's Club, Women's Club, Etc.)	\$ 49,686
Faith Formation (Religious Ed., VBS, Youth Ministry)	\$49,035
Other Income (e.g. Interest, Bulletin revenue, Fall Festival)	\$178,754
Total Income	\$ 1,995,790
Expense	
Pastoral Leadership (wages, benefits, expenses, rectory)	\$112,538
Liturgy & Music (wages, supplies, professional development)	\$ 80,455
Faith Formation (wages and program costs)	\$129,621
Ministry & Outreach (donations to other organizations,	\$125,145
Alpha, Life Ministries, Men's and Women's club, and	, ,
Bereavement ministries)	
Administration (wages, benefits, office expenses, loan interest,	\$401,308
technology, professional development, hospitality, speakers, retreats and missions)	, ,
School Subsidy & Support	\$ 45,018
Facilities (wages, benefits, taxes and insurance, all maintenance)	\$259,399
Utilities (water, gas, electric)	\$ 65,064
Annual Pastoral Appeal	\$ 421,665
Special Events: Fall Festival	\$ 26,949
Total Expense	\$ 1,667,162
Excess of Income-Over Expense	\$328,628
Less: Mortgage Principal payments	\$116,498
(remaining mortgage balance \$407,007) IMPROVING LIVES AND CHANGING LIFE STORIES	
Funds available for Capital Expenditures and Future Needs	\$ 212,130
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Children's



Dr. Allan Escher Reflects on His Volunteer Work in Lourdes, France

"Be of Service While You Can"



Dr. Allan Escher and his daughter, Laura, participate in the candlelight procession during a pilgrimage to Lourdes.



The candlelight procession is an unforgettable experience for those who pilgrimage to Lourdes.

estled in the heart of the Pyrenees mountains, along-side the winding Gave River, lies a grotto. The small rock cave, covered in the bright greens of small plants and mosses, was barely noticeable just 200 years ago. Today, however, millions of people flock to this spot each year, seeking the intercession of our Blessed Mother — for it was here that Our Lady of Lourdes appeared to the young peasant, Bernadette Soubirous, in 1858. With 70 miracles officially recognized by the Vatican and thousands more reported by pilgrims from around the world, Lourdes has long been considered a place of healing.

Here at St. Timothy, one parishioner has experienced firsthand the blessings of a Lourdes pilgrimage. Dr. Allan Escher has just made his ninth trip to Lourdes as a volunteer physician accompanying the gravely ill. As a Knight of the Order of Malta, a Catholic society that sponsors hospitals and medical missions around the globe, Dr. Escher is a volunteer travel companion for American *malads* — or patients — making a pilgrimage to Lourdes.

The Order of Malta brings about 50 *malads* from the United States to Lourdes each year at no cost to the patient. Those traveling may be suffering from cancer, a rare disease or various other serious conditions. For each one, the pilgrimage to Lourdes is an incredibly rich spiritual experience.

"I see a lot of people who are maybe resigned and reserved and then, during the journey, they will open up," Dr. Escher says. "There is a lot of need for healing, a lot of heavy burdens that people don't realize they are bringing with them, a lot of tears. I think people open themselves up in a special way to the graces that are there. I've just seen tremendous spiritual and emotional healing take place."

Beyond the spiritual healing that Our Lady gifts to her pilgrims, the potential for physical healing also brings countless *malads* to the grotto. Dr. Escher has traveled on a team with one *malad* who is now disease-free. The woman's

"Be of Service While You Can" continued from page 6

complete and inexplicable healing has been submitted for further investigation as a possible miracle.

Of course, many of the pilgrims who journey to Lourdes do not experience a physical healing. Even in these cases, however, Dr. Escher has witnessed miracles.

"I had one wonderful malad who later passed away," he says. "After we went through the grotto at night, she said, 'Did you hear what she said?' The rest of us hadn't heard anything, but the woman started crying and said, 'Didn't you hear what she said? She told me that everything was going to be alright, and that I will not suffer much longer.' It's something I can't explain."

Being present at the site of Marian apparitions and participating in the many opportunities offered throughout the week — such as confession, the anointing of the sick, the underground Mass, a candlelight procession, and the baths — leads to an incredible amount of spiritual growth in all pilgrims.

"I think that it has strengthened my faith," Dr. Escher says. "I really feel that Lourdes is like Mary's house — when you get there, you feel a sense of peace like you are leaving the world behind, and you can open yourself up to all of the graces that are available there in Lourdes.

"People throughout history have searched for the sacred," he continues. "People there want to express that love of God and answer the call to go on a pilgrimage. All of us have experienced some kind of loss or abandonment. Some are there to prepare for the last things of life, the final pilgrimage from this world to the next. So there is a lot of reflection, and it puts things in perspective."

Reflecting on the ways that all of us are called to serve in our own ways, Dr. Escher remembers that, several years after the apparitions, St. Bernadette Soubirous left Lourdes for good when she joined the Sisters of Charity in Nevers, France. The work Our Lady had called her to do in Lourdes had been completed.

"Each of us can be of service to our faith, and I say, be of service while you can, because one day you might be on the other end and need someone to help you and serve you," Dr. Escher says. "So my goal is to go every year that I can, for as long as I can — because one day will come when I will get to be like St. Bernadette and never go back. It will be sad, but the memories will be a great comfort."



Dr. Allan Escher (back, second from left) joins the 2015 team of the Knights of Malta, with the malads they sponsored and accompanied on the pilgrimage to Lourdes.

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Remy Howard

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hours upon hours on it, perfecting it and chipping away at these tiny details in order to make it the best we possibly can."

Yet like all talents, Remy feels that his music is something that is meant to be shared with others. That's why on top of his studies and college auditions, he continues to play at St. Timothy's for Sunday and special liturgies whenever possible.

"I like to perform at St. Timothy's whenever I can, whether that be the Christmas Midnight Mass, Easter or just a regular Sunday Mass," Remy says. "Additionally, when I was still going to school in Tampa, I participated in several community outreach events that included playing hospitals and nursing homes. I think this is a great way for me to give back to the community and to use this extraordinary gift that God has given me."

With God's love being the central message of Remy's music, it's safe to say that faith plays an important part in Remy's life. He describes faith as giving him purpose and direction in life.

"Through faith, I know that I'm not alone and that God has a plan for me," Remy says.

As he prepares for college and this next chapter in his musical career, Remy is deeply grateful to the many people who have supported him thus far — particularly his mother, Christelle Howard, as well as Fr. Kenneth Malley and parish Director of Music Chase White. These three individuals have truly supported Remy in every way and have helped get him where he is both in his musical ability and in the faith journey. Moving forward, Remy hopes to continue growing both as a musician and a man so as to more adequately communicate his musical message to the world.

"One of the things I've realized since being here at Interlochen is that growing as a musician also requires growing as a person," Remy says. "Being able to reach a mature level in music also requires maturity in one's character. I'm in a continual process of learning and growing as both a person and a musician. I hope to be able to use this improvement and maturity to better give back to the community and spread a positive message."