



SAINT TIMOTHY
CATHOLIC CHURCH



Gracepoint Works to Bring Mental Health Care to All

In our country, approximately one in four Americans live with a mental health condition. Although these conditions vary from mild to extreme, there is no question that access to mental health resources is important — and Gracepoint works to make it accessible to all in the Tampa Bay area.

“Gracepoint was started in 1949 by three extremely forward-thinking women who realized that behavioral health and mental health would become a grave concern in our

community,” says St. Timothy parishioner and Gracepoint board president Bill Lutes. “Today, Gracepoint is the leading provider of behavioral health solutions in the Tampa area. Gracepoint supports those who are confronting a significant social or behavioral health challenge in life, and supports positive mental health and wellness throughout Hillsborough County.”

Gracepoint’s over 500 psychiatrists, therapists and staff provide a variety of

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Welcome to Gracepoint.
Your source for wellness

Adults Children & Families Need Help Now

From the Mailbag



Letter to our Family Net team “I will never forget you and you will always have a place in my heart...” More...

Real life stories



Our clients and their families share their stories in their own words to empower others it's OK to seek help. More...

The Gracepoint website — www.gracepointwellness.org

March 2018

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Gracepoint Works to Bring Mental Health Care to All *continued from front cover*

services throughout their multiple Tampa locations. The organization serves approximately 22,000 people each year.

“We have over 30 different programs — these include inpatient, outpatient, mental health, a children’s crisis center, and a K-12 school for children with extreme health issues that the public school system cannot address,” Bill says. “We don’t turn anybody away — the vast majority of the community that we serve do not normally have access to mental health providers. We serve Medicaid and Medicare clients, and we receive funding from foundations and some funding from the state.”

Bill was moved to get involved with Gracepoint after losing his older son to suicide in 2014. He and his family have now created an endowment through Gracepoint to further education and treatment of youth dealing with mental health issues. This includes psychiatric treatment, various different kinds of therapy, an onsite pharmacy with a medication delivery service program available, and case management services.

“On Jan. 7, 2014, my son, Andrew Lutes, died of suicide and my life was forever changed,” he says. “Andrew was 21 years old, had just graduated with honors from the Fisher School of Accounting at the University of Florida and accepted a position to start his accounting career in Atlanta. We have established the Andrew Lutes Endowment, which will benefit all critical services and programs for children at Gracepoint. If the support we generate from this endowment can save the life of even just one child, then somehow, some way, Andrew’s death makes more sense.

“Mental illness is a disease, not unlike cancer or heart disease, and if left undiagnosed or untreated, can be fatal,” he adds. “I don’t know if we could have saved Andrew or not — convinced him that a permanent solution to a temporary challenge wasn’t a viable option. But had we known the signs, we could have made the effort.”

Bill hopes to effect change in our culture which will change the way we view, talk about and treat mental health issues.

“The more we can talk about mental health issues as a society, the more we can deal with it, address it and end the stigma,” he says. “We want to both raise awareness and also get help for people who don’t have access.”

By helping others through Gracepoint, we can fulfill our duty as Catholics to reach out to those who are struggling.

“Fr. Malley and I often talk about time, talent, and treasure,” Bill says. “We have volunteer opportunities for people who can give of their time. We have a foundation Board of Directors, so we are always looking for candidates who have the right talents for that. As for treasure, we have the unfortunate reality that public funding is very limited when it comes to mental health. If people can’t share their time or talent, they are welcome to donate, and no amount is too small.

“A big part of this is just creating awareness,” he adds. “This past January was the fourth anniversary of Andrew’s death, and Fr. Malley talked about it at Mass. I am very appreciative of all the work everyone is doing to create awareness. We need to end the stigma.”

For more information about Gracepoint, or how to get involved, please visit www.gracepointwellness.org or contact the parish office at 813-968-1077.

March — A Time to Take a Close Look at the Examples We Follow

Dear Friends in Christ,

This month of March is a significant time for us as Catholics. We are in the midst of Lent, and then we celebrate Holy Week, with Easter occurring just after the end of the month, on April 1. In addition, many may point to the month of March as a time we celebrate the Irish on March 17, the Feast of St. Patrick.

However, two days after that is the Feast of St. Joseph on March 19 — and for many in the world, that is more important. St. Joseph was, of course, the husband of the Blessed Virgin Mary, and the foster father of Jesus Christ.

Everything we know about Joseph comes to us from Holy Scripture. It might be said that, in order to understand him completely, we must read between the lines. The Catholic Church has designated the month of March as the month of St. Joseph. Yet, there is not a single example of Joseph saying something that can be quoted in the Bible. We can assume he was a man of few words — in turn, we may consider that he speaks to us through his actions. It is also clear that he was a humble man. Many



point to him as an example of what a good father is and should be.

St. Joseph provides an example to all of us. Think of some of his strengths — he was obedient; he put his own needs aside to assure that Jesus and Mary were cared for; he surely trusted in God, even when God's will may not have made complete sense to him.

Those traits give each of us some idea of what we need to do in life. Do we only embrace those parts of our faith that make sense to us or that we find agreeable? Do we put the needs of others before our own? Our lives are filled with crosses and challenges, but do we trust in the Lord as Joseph did?

Do our actions show us to be good Catholics and Christians? What kinds of examples are we setting?

Lent and Easter are times for us to look closely at the answers to these questions. Joseph was a carpenter, a worker — and he obviously was not a man of wealth or prestige. By the time Jesus' public ministry begins, Joseph seems to disappear. Nevertheless, he was a man of royal origins. When St. Luke introduces him to us in Luke 1, he calls him "Joseph, of the house of David."

All of this leads us to know and believe that Joseph was someone we would classify as a "good steward." Who do we look up to? Do we seek to be like people like Joseph, or are our models more worldly and more successful in the eyes of others? St. Joseph is a wonderful example for us. We all need to be like him in many, many ways.

God bless you during this holy time.

Sincerely yours in Christ,

A handwritten signature in cursive script that reads "Rev. Kenneth J. Malley".

Rev. Kenneth J. Malley



The Prison Ministry Carries On

You may recall that, just a couple of years ago, Pope Francis instituted the Holy Year of Mercy. That Year of Mercy followed what has been the central message of Pope Francis' time as our Holy Father — a message of compassion and pardon. In announcing the Year of Mercy, the pope said that he had “thought often about how the Church can make more evident its mission of being a witness of mercy.”

In the time since, Pope Francis has spoken and written often about how we as Catholics can live out and emphasize mercy as part of our lives. At one time, he said, “Following the example of our Master, we are called to draw close to others and to share in the condition of the people we meet. Our words, our actions, our attitudes must express solidarity — we must not remain strangers to the pain of others, and we must do this with fraternal warmth and without falling into any form of paternalism.”

The pope continued, “In many ways, our efforts at mercy are inspired by the Seven Corporal Works of Mercy, which I like to recollect because it is



important for us to hear them over and over — to give food to the hungry, drink to the thirsty, clothe the naked, shelter the homeless, visit the sick, visit the imprisoned, and bury the dead.”

Here at St. Timothy we are blessed to have many ministries that carry out the Corporal Works of Mercy. One such ministry focuses on visiting the imprisoned. Our Prison Ministry was

introduced here 10 years ago, and Allison Archer has been part of the ministry since.

“There were a couple of things which influenced me in getting involved in prison ministry,” she says. “First of all, I have always taken my Catholic faith seriously, especially the Corporal Works of Mercy. I have also felt that it was important to help people, not to necessarily judge them.”

For more information, or to express an interest in being part of the ministry, contact the parish office at 813-968-1077, St. Vincent de Paul through the parish office, or the Diocesan Office of Prison Ministry at 727-344-1611.

at an Important Work of Mercy

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Two years after Allison joined, Linda Basil became involved.

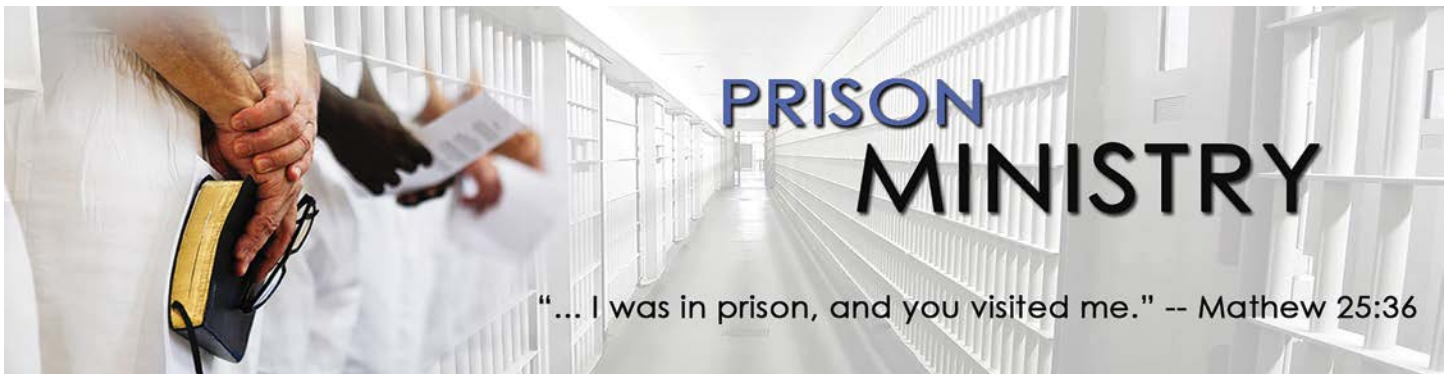
“I responded to an appeal to become part of the St. Vincent de Paul Society,” Linda says. “Through that, I discovered the Prison Ministry. I have continuously felt that it was important for us to give back in many ways. In this ministry, that is done by serving others. I have to admit that I was a little anxious and afraid at first, but the moment I visited the prisoners with our team, I found it very rewarding.”

In describing the ministry, the leadership says, “This ministry serves English-speaking women who are incarcerated. Participants in this ministry seek to listen, comfort, and encourage these women through song, prayer, Scripture, as well as bring them Holy Eucharist. Ministry members call upon the Lord to help them and work through them. In doing this, the one who serves genuinely seeks to see beyond the crime of the other, and thus, affirms each woman as a child of God. Providing hope that through the grace of God, we are all able to change and grow in the image of our

loving Lord, Jesus Christ. The people of this ministry pray that those whom they encounter in jail come to know in a deep and profound way the love of God.”

“We visit the Falkenburg Road Jail on the second and fourth Wednesdays each month,” Allison says. “Of course, we have had to receive a security clearance before we can even enter, and each time we go we must go through a process, and are given a name badge as well as being escorted everywhere by prison guards and officials. We meet with about 15 women each time, and they really seem to look forward to us coming. That jail is the largest in Hillsborough County, with more than 3,000 men and women as inmates.”

“Our training and what we do is overseen by the Diocesan Office of Prison Ministry under the direction of Deacon Peter André,” Linda adds. “We also have a lot of contact with Heidi Sumner, the secretary in that office. Currently, we have about seven women on our team, and two more are in training, but we could use anyone who might be interested.”





Stewardship *Living in Love*

"God is love, and he who abides in love abides in God and God in him" (1 Jn 4:16). As Christ's disciples, we are called to live lives of love. When asked which commandment is the most important, Jesus answered, "Love the Lord your God with all your heart, with all your soul, and with all your might." He immediately followed this command with, "Love your neighbor as yourself. No commandment is greater than these" (Mk 12:29-31).

The life of a Christian is, essentially, all about love! This doesn't mean that Christ preached an abstract Gospel, or that we need to love simply because "it feels good." The reality is quite the opposite. Indeed, Christ's Gospel of love is one of dramatic action, and living in that love calls each of us to action.

What is this love, then, of which Christ speaks? How are we to live it out today?

Christ, the God who, as John tells us, "is love" Himself, came to Earth out of pure love for us. So that we might have everlasting life, Christ took the punishment for our sins. He, the Lord of all creation, was mocked, scourged and ultimately murdered on the cross to atone for the sins that we, His creatures, have committed. Now, that's love! And it is the love that we are called to imitate throughout our lives.

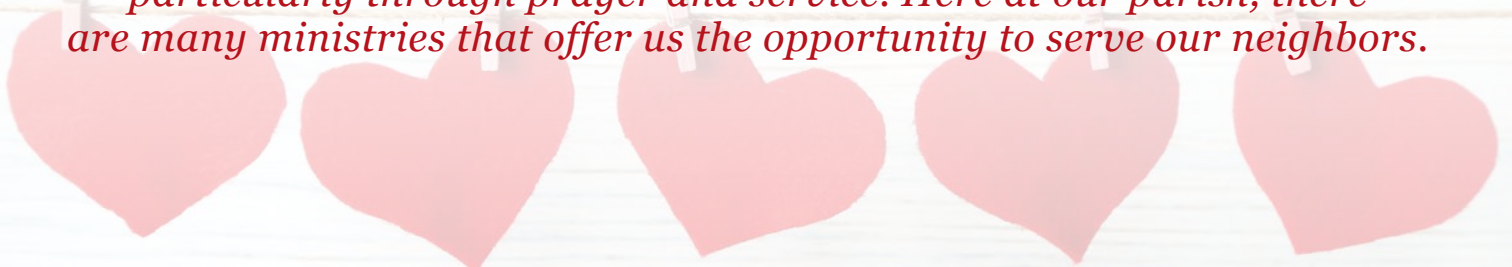
Notice the selfless nature of Jesus' act. He gained nothing in return for what He did, and He calls us to love in the same manner. How do we do that here and now? Do we die on our own personal crosses? The answer, in a way, is "yes." We don't necessarily die on the wood of the literal cross as Christ did, but we must die

to self for the sake of others. That is the love of Christ, and that is the love He calls us to every day. If we want to truly love God, we must love others. God Himself showed us the reality of this need when he commanded that we love our neighbor just as we love Him. And then Christ explained, "Whatever you do to the least of those, you do to me." If we are called to love God, then we are called to love our neighbor, for Christ resides in each one of us. It must be a love like Christ has shown us – one of selflessness. We should want for nothing more than the good of our neighbor.

There are many ways that we can show our love to others, particularly through prayer and service. Here at our parish, there are many ministries that offer us the opportunity to serve our neighbors. If we offer a little bit of time, we can help out in the parish office doing seemingly menial yet important tasks, such as stuffing inserts into the bulletins so that fellow parishioners are aware of news and events within the parish. Those of us with an aptitude for teaching may be called to serve others through RCIA or our Religious Education program. There is also always a need for more lectors and Eucharistic Ministers to aid the priest in bringing Christ to other parishioners at Mass.

These are but a few of the countless opportunities we have to serve our parish and local community. However we are called to do so, one thing is for certain: the love of Christ calls us to action. How will we show our love for God this year? Remember, "Whatever you do for the least of those, you do for me."

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Zambito Family's Land Now Houses Our Parish Family

The land our church sits upon was once a hayfield that nourished dairy cows who provided a living for the Zambito family. So, it is particularly fitting that the same land that once provided an abundance of sweet hay to support a family, now provides a site for our church that provides our St. Timothy family with the sweet, abundant nourishment of God's love.

John Zambito, whose grandfather was Frank Zambito, says that the farm — originally called Hillsboro Dairy Farm — was founded by the Zambito siblings (Frank was one of 10 brothers and sisters). And what would Frank think of St. Timothy now occupying the former farm?

"He'd smile," John says. "He was a good man. People really liked him."

The family bought the hayfield property in the mid-1950s, and it was used to feed the Holsteins and several Swiss cows the family owned.

"They used it as a hayfield until the Veterans Expressway went in, in the early '90s," John says. "The expressway split the property into north and south parcels, with 28 acres on each side."

In 2000, the diocese expressed an interest in buying the southern portion of the farm, which by then was called Hillsboro Farms. The purchase was completed, and our new St. Timothy Church was constructed on the southern portion. A steel-framed barn that once stored square hay bales remains on the parish property, but is unused at this time.

"The family used to own the property where the old church was, as well," John recalls. "It was also a hayfield, from what I understand. This was before my time — and it was sold to the diocese in about 1973."

The farm continued operating on the north parcel, and in 1976, the dairy operation was discontinued. The family then raised Black Angus



Members of the Zambito family have a long connection with St. Timothy Parish. Here, in a family photo are (from left) Nelson, Tom, Frank (John's grandfather) and John (John Zambito's father), all Zambitos. Tom and John were the managing partners involved with the sale of the current St. Timothy property.

beef cattle. The northern parcel was sold last summer, and the cattle operation ended.

John's family not only has a history with St. Timothy Parish, but he is closely connected, as well — he is in charge of general maintenance and other janitorial duties.

What is it like to come to work on land once worked by his grandfather?

"It's interesting to come in here," John says. "I started working after I met Fr. Kenneth Malley at a fundraiser about five years ago. He wanted to see my cows, so I took him to see them."

When Fr. Malley met a friend of John's on another occasion that led to John helping on a project, the outcome was that John began working for our parish.

John has many family members still living in the area, and most attend other parishes.

"They appreciated why we sold the land," he says.



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Holy Week Schedule

Holy Thursday, March 29

9 a.m. Morning Prayer
7 p.m. Mass of the Lord's Supper
10 p.m. Tenebrae (Day Chapel)

Good Friday, March 30

9 a.m. Morning Prayer
3 p.m. Stations of the Cross
7 p.m. Celebration of the Lord's Passion

Holy Saturday, March 31

9 a.m. Morning Prayer
8 p.m. Easter Vigil
(There is no 5:30 p.m. Mass or confessions)

Easter Sunday, April 1

7 a.m. Easter Sunrise Service
Easter Masses: 9 a.m., 11 a.m. and 1 p.m.
(There is no 5:30 p.m. Mass on Easter Sunday)

• Mass Schedule •

Saturday Vigil: 5:30 p.m. • Sunday: 7:30, 9, 11 a.m. & 5:30 p.m. • Daily: Mon-Sat 9 a.m., Wed 6:15 p.m. • Holy Days: 9 a.m. & 7 p.m. Vigil: 7 p.m.